Incorporate this year’s key World Meningitis Day messages into your communications and raise awareness of what Life After Meningitis is like for those who have been affected by the disease.

Meningitis and septicaemia can strike in a matter of hours but the after effects can last a lifetime.

- After effects can be life-changing and may include memory loss, deafness, loss of sight, epilepsy, paralysis, limb loss, organ damage, and brain damage.
- Those who lose a loved one to the disease have their lives changed forever.

Vaccinations are key to meningitis prevention

- There is more than one vaccine that can help prevent meningitis.
- Speak to your local healthcare provider to learn which vaccines are available.

Meningitis can kill in 24 hours, so recognising the symptoms and acting fast is crucial.

- If you suspect meningitis, seek medical attention immediately.

Meningitis currently affects more than 2.8 million people each year globally.

- Anyone of any age can be affected by meningitis. Infants, young children, teens and older people are at greater risk.

Find out more at www.comomeningitis.org

April 24th 2019