

LIFE AFTER MENINGITIS

KEY MESSAGES

#AfterMeningitis

#WorldMeningitisDay



Incorporate this year's key World Meningitis Day messages into your communications and raise awareness of what **Life After Meningitis** is like for those who have been affected by the disease.

Meningitis and septicaemia can strike in a matter of hours but the after effects can last a lifetime.

- After effects can be life-changing and may include memory loss, deafness, loss of sight, epilepsy, paralysis, limb loss, organ damage, and brain damage.
- Those who lose a loved one to the disease have their lives changed forever.

Vaccinations are key to meningitis prevention

- There is more than one vaccine that can help prevent meningitis.
- Speak to your local healthcare provider to learn which vaccines are available.

Meningitis can kill in 24 hours, so recognising the symptoms and acting fast is crucial.

- If you suspect meningitis, seek medical attention immediately.

Meningitis currently affects more than 2.8 million people each year globally.

- Anyone of any age can be affected by meningitis. Infants, young children, teens and older people are at greater risk.